

BECOME INCREDIBLE



with Jordan Wirsz - Author, Speaker, Coach

How to get the most out of your personal, life, success, business, or executive coaching

By Jordan Wirsz, Founder of www.BecomeIncredible.com

First and foremost, congratulations on your decision to hire a coach! You are among the elite few who realize the power of having your own personalized coach. It won't be very long before you begin to see results. I've had clients see massive results in a matter of a few weeks, and life-transforming results in a single session. Truly, there is no limit to what a coach can help you achieve.

Having a personalized coach is like being married. It takes two people with a commitment to succeed. Your coach is most certainly dedicated to you. Not only is it their job to help you get results, but being a coach is a career path of pure contribution and only the most noble of intentions. Like any union, "it takes two to tango." And by "tango" I mean work together to create a result that can only be described as a work of art. You must be equally committed to the coaching process, taking it seriously and giving it the attention it deserves, if you want to achieve the results that you desire.

Tip #1 – Be committed to your coach and to the coaching process.

Although it would be a nice fantasy if all you had to do was pay for the coaching and show up to your scheduled sessions once in a while to achieve extraordinary results, that is not the reality. Taking your coaching seriously is vital to your success in getting the results you want. After all, you *are* paying for it, and you *are* taking the time to do it. You may as well take it seriously and extract every ounce of benefit from it!

Tip #2 – Take your coaching seriously, after all it is your time and money.

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A coaching session is like a good game of football. Before the big game, NFL players prepare themselves mentally and physically. They have to get in the right mindset, and they have to gear up. They get the tools they need to protect themselves on the field, and they get the direction and motivation from their coach. Then, and only then, are they ready to play ball. Just like an athlete, you need to prepare yourself before you meet with the coach. All it takes is 15 minutes before the coaching session to organize yourself, turn off your cell phone, shut down the computer, put yourself in a non-distracting place, and get pen and paper ready for notes. Taking time to prepare yourself mentally is very important, as is putting yourself in the right physical space and having the right tools available for you to interact with your coach on the highest level. Your success depends on it.

Tip #3 – Be diligent in preparing for your coaching time.

Continuing with the example of a football player, NFL stars have to continue performing at their peak for the entire game. They must have clear focus on the situations at hand. Similarly, as a coaching client, you need to keep your full and focused attention on everything that is going on during that session. Taking notes, having clear thoughts, asking questions, and talking through complex issues is a *must* to get the most out of your success coaching.

Tip #4 – Take your time, be focused, and commit your full attention to your time with your coach.

After the big game, professional athletes follow a routine of analyzing the plays, cooling down their muscles, and organizing their equipment. And you should have a routine too. Just because your session is over doesn't mean your mind shuts down. Just like you prepared for the session, you should wind it down in the most effective and efficient way. So take 10 to 15 minutes and organize your notes, action steps, goals, and thoughts. For some people, taking an hour or two, or even the rest of the day, to think about applying all that you gained during your coaching time and letting your creative and strategic juices flow is a good use of time.

Tip #5 – After your coaching session, take time to review, organize and strategize what you just gained from working with your coach.

Just as your coach has a commitment to get to know you, you should take the time to get to know your coach. In order for you to get the most out of your coaching

experience, you must be completely comfortable talking with your coach about anything and everything, holding nothing back and having no ego involved. For you to become comfortable, feel free to ask questions about them and get to know them on a deeper level. When your trust and confidence in your coach is as strong as steel, you will no doubt have the best results!

Tip #6 – Get to know your coach better and become as comfortable with them as possible. Soon, your trust and confidence in your coach and your coaching relationship will be cast in stone.

Your Jordan Wirsz International coach has been specifically chosen through a rigorous qualification process. Coaches must have real-world experience and the intellectual knowledge to back it up. Additionally, coaches must have the ability to communicate well and optimize their time with you. Coaches are trained to listen to everything you say and also to everything you *don't* say. Often times, the unspoken is the most important. Our coaches have trained and studied not only their respective specialties (personal, life, success, business, or executive coaching), but they have studied the science and art of achievement. That includes how the human mind works, why we do what we do, and how we make our decisions. Understanding the science and art of human behavior, such as Neuro Linguistic Programming (NLP) and performance states of mind, is critical for any successful coach. Your coach will be able to see things in you that you may not be able to see in yourself. Because of their training, they may notice crucial details of situations that you are not able to see. You should hold *nothing* back from your coach. Your brutal honesty, straightforward candor, and open mind are crucial to the incredible overall success of your coaching.

Tip #7 – Trust your coach and always be honest and candid. By being “real” and “raw” with your coach, you will make progress much faster than if you hold back.

During your coaching journey, your coach is going to provide you with tools that will help you learn not only more about yourself, but also about how to ignite your most powerful peak performance when you want it or need it the most. Embrace these tools as another asset in your arsenal of achievement and success “secrets.” Things like DISC profiles, thought-provoking and tale-telling questionnaires, and organizational tools are just a few of the things coaches will use to help propel you to your optimum results in the quickest possible way. Your coach may encourage you to read specific books, attend certain events, learn special techniques, and a whole host

of other things. Listen to your coach carefully and intently. They will steer you towards further enlightenment at every opportunity. Your coach always has your best interest at heart.

Tip #8 – Use all of the success and achievement tools available to you, and listen to your coach’s recommendations of additional learning opportunities.

Being open to constructive criticism and brutally honest self-truths is sometimes one of the hardest things for coaching clientele to overcome. In our normal, daily lives with our regular family, friends, and colleagues, we rarely enter into deep conversations and subject matter that is intended for the growth of our own minds or businesses. Even many marriages are not fully transparent for fear of offending or hurting the other person. But in the coaching environment, you *must* be open and you must be what I refer to as “unoffendable.” Not only being open to constructive criticism, but embracing it and facing it head on can take your life, your business, and your relationships to a whole new level. As a widely diversified and experienced coach, I’ve seen enormous life-changing breakthroughs in even a single session. You must refuse to be in denial of any faults you may have. Face them head on, confront them, admit them, and conquer them with the liberation of getting them off of your shoulders. You will then be able to see yourself, your decisions, and your circumstances with more clarity and a better understanding of everything around you, from your business to your marriage, to your relationships, and to your new, unfettered potential.

Tip #9 – Be “unoffendable” and be willing to listen to constructive criticism and the honest observations that your coach will make.

Candidness and sincerity are what you pay your coach for, among many other things. While your coach will be sensitive to your emotional states of mind, your coach will also challenge you. Being outside of your comfort zone is one thing, but being able to learn objectivity and acceptance of reality is another. At times, your best results will come when your mental state is interrupted and your patterns are broken. Some of the most effective ways to manifest these candid experiences is simply brutal honesty. Your coach will give you complete candidness while still being aware of your emotional state. However, you owe it to yourself to strengthen your emotional state by being “unoffendable.” You will learn to listen to honest and candid external feedback, as hard as it may be for you to hear. Your true power and transformation will come to you by admitting and facing your unedited and raw truths head-on.

Tip #10 – Believe in the process, have faith, and watch extraordinary results help you Become Incredible™.

The coaching process is an extraordinarily powerful tool to achieve more, have bigger and greater success, and live a truly incredible life. Coaching, no matter what your coaching focus is, requires your utmost attention, dedication, and commitment. Proceeding into coaching with a skeptical eye will only delay your results and water down the greatness of your successes. But even if you are a bit skeptical, it is still possible for you to have positive results. I've seen it happen.

However, give yourself every leg-up that you can. Stack the odds in your favor. Go into your coaching with the belief and faith that you will get amazing value from it. Know that you will excel at everything you do, and that coaching is the conduit to solving your greatest challenge—performing at your peak and realizing your full potential. No matter how successful you already are or how desperate for success you may be, believe in it, have faith in it, commit to it, and you WILL amaze yourself. It's time for you to explore the benefits and rewards of working with a qualified, experienced, and dedicated coach.

Your journey begins now.

["https://www.becomeincredible.com/t-about.aspx"](https://www.becomeincredible.com/t-about.aspx) **About the author:** From his well-known success as a business mogul and philanthropist while still in his early twenties, to his mind mastery and personal development and achievement philosophies, Jordan Wirsz has been captivating the corporate, wealth, and personal development sectors for a decade. Jordan has dedicated his life to the science and art of personal achievement and performance. He earned his "self-made" diploma, coming from a torn and broken childhood, as he never let go of his dreams and began his obsession with personal development philosophy at the young age of 6 years old. Starting his first business before he reached his teens and selling his first business at age 18, Jordan pursued excellence in all that he did. At age 16 he soloed an airplane, at 17 he got his first pilots license, and by the time he was 18 he was a commercially licensed pilot with more than 7 flight ratings. But he didn't stop there. At age 21, Jordan became one of the youngest airshow pilots in the country, flying the world's most high performance aerobatic airplane, pulling more than 10 G forces and tumbling nose over tail, Jordan thrilled tens of thousands of spectators. Jordan has been featured on programs such as CNBC's "The Big Idea" with Donny Deutsch, Fox news, and NBC affiliates, as well as acknowledged by the US Senate and Congress. Jordan won the SBA Young Entrepreneur of the Year award, was "Top 40 under 40" in Las Vegas Business, and more. After growing multi-million dollar companies, Jordan decided to follow his passion...Helping others succeed, achieve, and live extraordinary lives. In Jordan's life-long passion and obsession to contribute, he started Jordan Wirsz International Inc., a life, success, and business coaching firm that is the platform for his acclaimed personal empowerment events, success and achievement products, and keynote speeches. Jordan has changed the lives of thousands through working with, mentoring, and coaching people from A-List Hollywood celebrities to fortune 500 executives, to addiction afflicted drug addicts, alcoholics, couples in destructive relationships, and even people paralyzed by phobias. Jordan has earned the recognition of being one of America's leading authorities on personal growth, business philosophy, and the science of achievement. Wirsz has touched the lives of more than one million people with his books, multimedia, television, public speaking engagements, and live events. Today, Jordan continues his life-long mission of contribution.